

Lunch at TRIBROOK GRILL

· SOUP & SALAD ·

Add Grilled / Blackened Chicken 7, Shrimp 9, Salmon 15

Soup du Jour ^{NEW}
Soup of the day
Cup 6 / Bowl 8
Add grilled cheese 5

Arugula & Spinach **V**
With blueberries,
strawberries, mandarin
oranges, red onion, toasted
pecan, and feta. Served with
strawberry vinaigrette 13

House **V GF**
Mixed greens, cucumber,
carrot, onion, tomato and
your choice of dressing
Side 5/ Entree 10

Spinach Cobb
Spinach and arugula blend,
cucumber, onion, tomato,
hard boiled egg, bacon, and
avocado. Choice of dressing 15

Caesar **V**
Fresh chopped romaine,
croutons, shaved parmesan
tossed with Classic Caesar
dressing Side 5 / Entree 10

Tomato and Cucumber ^{NEW}
Red onion, parsley, garlic
tossed in red wine
vinaigrette Side 4/Entree 10

· SHAREABLES ·

Hot Bavarian Pretzel **V**
Soft baked pretzel, with your
choice of salted and stone-
ground mustard or cinnamon
sugar 11

Tribrook Nachos ^{NEW}
Fresh tortilla chips, queso, pico
de gallo, pickled onion and
jalapeno, cilantro lime crema 11
Add pulled pork 4, grilled
chicken 7

Hummus Plate **V**
Home-made hummus de jour,
grilled naan bread, carrot,
cucumber and pickled onion 12

Caprese **V GF**
Fresh mozzarella balls, grape
tomatoes, basil and balsamic
reduction 12

Wings your Way
Chicken wings fried to
perfection tossed in your choice
of sauce or dry rub. Buffalo,
BBQ, Asian zing, Cajun or
Ranch (6) 12 / (12) 19

Ribeye Quesadilla ^{NEW}
Ribeye chunks, peppers, onions,
cheddar-jack blend. Served with
sour cream and pico de galo 16

Mini Crab cakes
4 Petite home-made mini crab
cakes served with lemon
wedges and Cajun remoulade 18

· HANDHELDS ·

Choice of traditional or sweet potato fries, onion rings, potato salad, or side salad. Add bacon 2, egg 2, boursin cheese 2, sautéed mushrooms 1

The Bogey Burger
8oz chuck patty served with
lettuce, tomato, onion, pickles, and
cheese on brioche bun 14

Classic Reuben
Corned beef served with
sauerkraut, swiss cheese, and
homemade thousand islands
dressing on marble rye 14

Hummus and Vegetable Wrap **V**
Hummus du jour, blend of roasted
vegetables, feta, spring mix,
balsamic glaze on sun-dried
tomato wrap 10

Smash Burger ^{NEW}
Two 4-oz chuck patties smashed
on griddle, american cheese, pickles
and smash burger sauce on
brioche bun 15

Grilled Chicken Club
Grilled seasoned chicken breast,
lettuce, tomato, pickles, bacon,
Swiss cheese with garlic aioli and
local hot honey on ciabatta bun 16

Build Your Own Sandwich
Choice of ham, turkey, roast beef
and cheese on white, wheat,
marble rye, or ciabatta bun 11

Southern Swine Burger
8oz chuck patty with pulled pork
piled high, coleslaw, pickled onion
and cheddar on brioche bun 16

Pulled Pork Sandwich
House made pulled pork shoulder
tossed in Carolina gold bbq sauce
topped with coleslaw and pickled
onion on brioche bun 13

French Dip ^{NEW}
Shaved Prim Rib, swiss cheese,
carmelized onion, creamy
horseradish sauce on a crusty
French baquette with au jus 20

Hot Dog ^{NEW}
All beef Nathan's frank, brioche
bun choice of chili, cheese, relish
or sauerkraut and cole slaw 11

Chicken Salad Wrap
With fresh spring mix on sun-
dried tomato wrap 10

· FLAT BREADS ·

Chicken Bacon Ranch ^{NEW}
Parmesean cream sauce, bacon,
chicken, cheddar-jack blend,
topped with ranch dressing 15

Virginia BBQ ^{NEW}
Carolina gold sauce, pulled pork,
cheddar-jack blend, red onion 13

Veggie Delight ^{NEW}
Red sauce, spinach, mushrooms,
roaster red pepper, onion, feta and
mozzarella 12

Consumer Advisory: Consumption of undercooked meat, poultry, eggs, or seafood may increase the risk of food-borne illnesses. Alert your server if you have special dietary requirements.

Dinner at TRIBROOK GRILL

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Soup du Jour ^{NEW}

Soup of the day Cup 6 / Bowl 8
Add grilled cheese 5

Spinach Cobb

Spinach and arugula blend,
cucumber, onion, tomato, hard
boiled egg, bacon, and avocado.
Choice of dressing 15

House **V** **GF**

Mixed greens, cucumber, carrot,
onion, tomato and your choice of
dressing Side 5/ Entree 10

Caesar **V**

Fresh chopped romaine,
croutons, shaved parmesan
tossed with Classic Caesar
dressing Side 5 / Entree 10

Arugula and Spinich

With blueberries, strawberries,
mandarin oranges, red onion,
toasted pecan, and feta. Served
with strawberry vinaigrette
13

Tomato and Cucumber ^{NEW} **V**

Red Onion, parsley, garlic
tossed in red wine vinaigrette
Side 4/Entree 10

· SHAREABLES ·

Hot Bavarian Pretzel **V**

Soft baked pretzel, with a choice
of salted and stone-ground
mustard or cinnamon sugar 11

Mini Crab cakes

4 Petite home-made mini crab
cakes served with lemon wedges
and Cajun remoulade 18

Caprese **V** **GF**

Fresh mozzarella balls, grape
tomatoes, basil and balsamic
reduction 12

Tribrook Nachos ^{NEW}

Fresh tortilla chips, queso, pico de
gallo, pickled onion and jalapeno,
cilantro lime crema 11
Add pulled pork 4, chicken 7

Hummus Plate **V**

Home-made hummus de jour,
grilled naan bread, carrot,
cucumber and pickled onion 12

Wings your Way

Chicken Wings fried to
perfection tossed in your choice
of sauce or dry rub. Buffalo, BBQ,
Asian zing, Cajun, or Ranch
(6) 12 / (12) 19

Ribeye Quesadilla ^{NEW}

Ribeye chunks, peppers, onions,
cheddar-jack blend. Served with
sour cream and pico de gallo 16

· ENTREES ·

Filet Mignon

8-oz tenderloin topped with au
poivre sauce, garlic mashed
potatoes, vegetable of the day 41
Add (3) Shrimp 9

Ribeye Steak ^{NEW}

12-oz Ribeye steak topped with
red wine shallot and garlic
compound butter, mashed Yukon
gold potato and vegetable of the
day 36

Pappardelle Pasta

Tossed with mushrooms, grape
tomato, garlic, shallot, roasted
red peppers, spinach, white wine,
red pepper flakes, shaved
parmesan and basil. Served
with choice of house made
parmesan cream sauce or
marinara. 22

Add chicken 7, shrimp 9

Apple Brined Pork Chop

12-oz apple cider brined, bone-in,
center cut pork chop with apple
cider demi-glace. Served upon a
bed of mashed sweet potatoes
with vegetable of the day 29

Lemon Twisted Salmon ^{NEW}

8-oz grilled Atlantic salmon,
topped with lemon butter sauce,
rice pilaf and lemon pepper green
beans 28

Baked Mac & Cheese ^{NEW}

Porky - Topped with pulled pork,
carolina gold bbq sauce, pickled
onion 14
Chicken Bacon Ranch - Topped
with chicken, bacon and ranch 15
Beefy - Topped with ribeye
chunks, pico de gallo and chives
19

Roasted Half Chicken

Roasted or deep fried, topped
with "Mikes" hot honey over
mashed sweet potato with
vegetable of the day 28

Blackened Red Snapper ^{NEW}

7-oz pan seared red snapper
topped with chimichurri,
southern style bean succotash
with rice pilaf 28

Protein Power Bowl ^{NEW}

Bed of rice pilaf, sauteed
mushrooms and garbanzo beans,
pickled onions, pico, arugula, feta
and chipotle aioli 18

Add grilled chicken 7

· SIDES ·

Mashed Potato
/ Rice Pilaf
3

Potato Salad
4

Side Salad
5

Sautéed
Mushrooms
3

Vegetable du
Jour
4

Onion Rings,
Waffle or
Sweet Potato
Fries
4

· DESSERT ·

New York Cheesecake
Served with fresh fruit
and caramel sauce 10

Key Lime Pie ^{NEW}
Fresh from Florida keys,
deliciously light and
refreshing 12

Ice Cream Sundae ^{NEW}
Two scoops of vanilla,
chocolate sauce, whipped
cream and cherry 8

Chocolate Decadence ^{NEW}
Double chocolate cake
with chocolate drizzle 12